

Limits to Confidentiality

All information shared with your counsellor is confidential and cannot be shared without your signed consent. However, there are some exceptions to confidentiality where your counsellor is required to disclose certain information.

The exceptions to confidentiality are:

- Reporting child abuse or neglect
- Responding to an immediate threat of harm to self or others
- Responding to a medical emergency
- Complying with subpoenas, court orders, or other legal requirements.

| I have read (or have had read to me) and understand the above limits to confidentiality. | |
|------------------------------------------------------------------------------------------|-------|
| Name (please print): | |
| Signature: | Date: |
| Counsellor Signature: | Date: |